## 2025 Hurricane Taekwondo Cup

Florida State Fairground – "Florida Center" 4800 US-301 Tampa, FL 33610 Doors open 8am & Competition begins at 9am

## SCHEDULE OF EVENTS

8:00 AM **CREDENTIAL PICK UP** Receive Competition Tag, purchase boards, and prepare for competition. **REFEREE MEETING** 8:30 AM COACH'S MEETING 9:00 AM **OPENING CEREMONY / NATIONAL ATHEM COMPETITION BEGINS** – Competitors to Rings MINI NINJA OBSTACLE COURSE COMPETITION – All belt under 11 years old **POOMSAE COMPETITION** 1. WT Poomsae- Color Belt 2. Open Poomsae- All Color Belt and Black Belt 3. Black Belt- WT Poomsae- Hurricane Champion Trophy/ Belt • 1<sup>st</sup> Dan- Koryo • 2<sup>nd</sup> Dan- KeumGang • 3<sup>rd</sup> Dan- TaeBaek • 4<sup>th</sup> Dan and up- Pyeong-won and Ship-jin 4. Pair Poomsae- All Color Belt and Black Belt 5. Team Poomsae- All Color Belt and Black Belt BOARD BREAKING COMPETITION - All Color Belt and Black Belt 1. Freestyle Board Breaking 2. High Kick (TR Pad)- Medals & Hurricane Champion<sup>™</sup> Belt 3. Speed Kick (TR Pad)- Medals & Hurricane Champion<sup>™</sup> Belt 4. Power Hand Break- Medals & Hurricane Champion<sup>™</sup> Belt WEAPON COMPETITION - All Color Belt and Black Belt

12:00PM **LUNCH**- The competition will continue throughout the day. Snacks will be available at the venue. Competitors chose their own lunch time and must prepare for the upcoming event. Rings and judges will have designated lunch time.

DEMONSTRATION COMPETITION - All Color Belt and Black Belt

SPARRING COMPETITION- All Color Belt and Black Belt